

## Garden Walk ——— 1km

Exit Gloucester Station from platform 2. Keep right, follow the curved path down to the main junction. Turn right at the Station Hotel (Bruton way). Walk till you see an old red brick building (Robert Limbrick Architects) on your right - pass it, turn right onto London Rd. Walk approx. 10 minutes along London Rd. Walk past BBC Radio Gloucestershire and St Margaret's Church. Cross over to the left side of the road. The entrance to Hillfield Gardens is through the gates just after St Margaret's Church.

## Boating Walk - - - - - 1.5 km

Follow the Garden Walk to Robert Limbrick Architects offices. Turn left, cross at the traffic lights to lead onto Northgate St. Walk on and turn right onto St John's Lane. Pass under the white arches on the right, then turn left through Cathedral Way via Sacra. Explore the cathedral grounds and gardens. Exit the grounds from the car park exit and pass under the arch on the left. Ahead of you is Bishop Hooper's memorial. Follow St Mary's Square to the right, then turn right onto Archdean St. Cross St Oswald's Priory grounds on the left. Cross the traffic lights, turn left onto St Oswalds Road. Walk for approx 10 minutes past the sports fields. Turn right into the Riverside Gym car park and immediately follow the path on your left into the grounds of the Boating Lake.

## Priory Walk ..... 1.4km

Exit Gloucester Station from platform 2 and veer right. Cross the main road to go through the Transport Hub, then turn right towards King's Square. Turn left, walk along the edge of the square, through Kings Walk Shopping Centre. Turn right onto Eastgate St and at St Michael's Tower Heritage Centre (The Cross), turn left. Keep left at the fork, follow the cobbled road to the zebra crossing to enter Gloucester Quays. Veer right at the bottom of the stairs/ramp, past Soldiers of Gloucestershire Museum, straight through the car park and between the Herbert and North Warehouses. Cross the white bridge, turn left, then follow the Gloucester and Sharpness Canal, keeping the water on your left. Follow the towpath, continue past the Llanthony Lift Bridge. Shortly after the blue Gloucestershire College building, on your right walk into the grounds of Llanthony Secunda Priory, where you'll find their gardens by the main Llanthony building.

## Island Walk - - - - - 2km

Follow the Garden and Boating Walks to reach the cathedral grounds. Here, exit the cathedral through the main black gates to College St and continue straight onto Berkeley St. At the end of the street, turn right, then immediately left, with the Police Station on your right. Continue down Barbican Rd and straight on to Commercial Rd, cross the rainbow zebra crossing and turn right. Walk for approx 2 minutes, take a slight left to cross the Severn Lock Lift bridge to reach Lock Warehouse. Across the road is the bridge to enter Alney Island Nature Reserve. Here you can follow the public foot-paths across the reserve that are signposted.



Experience Gloucester's Wellbeing Walks, starting from the train station. Immerse yourself in nature, explore the city, and discover a greater sense of wellbeing in our tranquil natural spaces.



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# Gloucester Wellbeing Walks



- Boating Walk - - - - - 1.5 km
- Priory Walk . . . . . 1.4 km
- Island Walk - - - - - 2 km
- Garden Walk ————— 1 km
- National Cycle Network —————

**Stay Safe**  
Please take extra care when walking near water, railways and busy roads